

# UASC - University Academic Success Center

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## Courses

### **UASC 101. Exploring UAB. 3 Hours.**

The purpose of this course is to assist students in their transition to UAB by providing essential navigational tools and resources to encourage student engagement and a strong persistence towards graduation.

These strategies include intentional major, degree, and career outlook planning; using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; and encouraging campus involvement. This course meets Blazer Core Local Beginnings with a flag in First Year Experience.

### **UASC 102. Success and the City. 3 Hours.**

The purpose of this course is to assist students in their transition to the University of Alabama at Birmingham UAB by providing essential navigational tools and resources to encourage student engagement and a strong persistence towards graduation. These strategies include intentional major, degree, and career outlook planning; using time more efficiently; developing academic skills in reading, note-taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; and encouraging campus involvement. This course will incorporate components related to the history and culture of Birmingham to expose students to unique aspects of the city. This course meets Blazer Core Curriculum Local Beginnings with a flag in First Year Experience.

### **UASC 105. Keys to Academic Success. 3 Hours.**

The purpose of this course is to assist students in applying strategies for college success. These strategies include using technology and library resources for processing and retrieving information; planning and using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; encouraging campus involvement; and incorporating wellness habits. This course meets Blazer Core Curriculum Local Beginnings requirement with a flag in First Year Experience.

### **UASC 150. Career Planning and Management. 3 Hours.**

Understanding aptitudes, abilities, and interests as related to career alternatives. Group and individual experiences aid self-direction in planning and career management. Values, preferences, skills, and personal resources matched with educational and employment opportunities using a variety of experiences and resources.

### **UASC 203. Connections: The Transfer Student Seminar. 2 Hours.**

This course is designed to facilitate the successful transition of UAB transfer students by reinforcing the resources and skills needed to succeed at a research university. The course will help students explore what it means to be a successful UAB student by providing information about managing transitions. Students will also be introduced to campus resources, gain knowledge of academic supports, become familiar with university policies and procedures along with participating in out of class activities.

### **UASC 206. Sophomore Year Experience: Med School Prep 101. 2 Hours.**

The purpose of this course is to provide students with both an introduction and understanding of the necessary requirements and skills needed in preparation for medical school. In addition, students will explore the foundations of medicine and health and actively participate in service related activities to understand the reciprocal relationship between theory and practice. Furthermore, students will use said information to formulate group presentations for future research, advocacy, or continued service.