UASC - University Academic Success Center

Courses

UASC 101. Exploring UAB. 3 Hours.
The purpose of this course is to assist students in their transition to UAB by providing essential navigational tools and resources to encourage student engagement and a strong persistence towards graduation. These strategies include intentional major, degree, and career outlook planning; using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; and encouraging campus involvement.

UASC 105. Keys to Academic Success. 2 Hours.
The purpose of this course is to assist students in applying strategies for college success. These strategies include using technology and library resources for processing and retrieving information; planning and using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; encouraging campus involvement; and incorporating wellness habits.

UASC 150. Career Planning and Management. 3 Hours.
Understanding aptitudes, abilities, and interests as related to career alternatives. Group and individual experiences aid self-direction in planning and career management. Values, preferences, skills, and personal resources matched with educational and employment opportunities using a variety of experiences and resources.

UASC 203. Connections: The Transfer Student Seminar. 2 Hours.
This course is designed to facilitate the successful transition of UAB transfer students by reinforcing the resources and skills needed to succeed at a research university. The course will help students explore what it means to be a successful UAB student by providing information about managing transitions. Students will also be introduced to campus resources, gain knowledge of academic supports, become familiar with university policies and procedures along with participating in out of class activities.

The purpose of this course is to provide students with both an introduction and understanding of the necessary requirements and skills needed in preparation for medical school. In addition, students will explore the foundations of medicine and health and actively participate in service related activities to understand the reciprocal relationship between theory and practice. Furthermore, students will use said information to formulate group presentations for future research, advocacy, or continued service.