# **UNIV-University Courses**

### Courses

## UNIV 105. Keys to Academic Success. 2 Hours.

Surviving and Thriving at UAB: A Freshman Success Course.

#### UNIV 200. Job Search Essentials. 1 Hour.

UNIV 200 walks students through the basic essentials needed to begin a professional job search - including career exploration, resume building, interview prep, elevator pitch, informational interviewing, networking, and company research. This course is made up of project-based, interactive activities that will culminate into a final project. This course introduces concepts that are further developed in UNIV 300 Career Mapping. Students completing the UAB Career Center curriculum sequence should start with UNIV 200.

#### UNIV 203. Connections: The Transfer Student Seminar. 2 Hours.

This two credit course is designed to assist in the successful transition of transfer students from their previous institution to UAB. The seminar provides an opportunity for students to get to know the intellectual community they have joined, while introducing them to campus resources that will help them succeed at UAB. Each session of the seminar will address a topic or body of knowledge for the purpose of developing students as learners.

# UNIV 300. Career Mapping: Navigating for Success. 3 Hours.

UNIV 300 is designed for students who want to confirm their career path, get a jump start on their post-graduation job search, and make a smooth transition into the professional world. UNIV 300 uses project-based, interactive activities to help students determine an appropriate career path, explore career options, perform industry research, build a professional network, and prepare for the job search by creating an effective resume and participating in in-person mock interviews. Students also gain skills in workplace competencies like effective communication, teamwork, and dealing with feedback. For students unsure of their career path, UNIV 200 Job Search Essentials is recommended.

#### UNIV 398. Undergraduate Research. 1-12 Hour.

Undergraduate Research.