**Student Services & Facilities**

This page contains a list of facilities and services available to UAB students. For further information on these and other facilities and activities, contact the Information Desk (https://www.uab.edu/studentaffairs/studentcenter), located at the Hill Student Center or refer to the UAB student handbook, Direction, at https://www.uab.edu/students/ and on BlazerNET (http://www.uab.edu/blazernet) on the Student Resources tab.

**University Recreation**

The Campus Recreation Center (CRCT) offers students, faculty, staff, and alumni access to a state-of-the-art recreation facility. The UAB Campus Recreation Center offers premier programs, facilities, and services. You will find something for everyBODY – free weights, multipurpose courts, an aquatic center, group fitness studios, nutrition education, cardio-fitness areas, a climbing and bouldering wall, and much more.

The 152,000 square foot facility covers three floors housing: four basketball/volleyball courts; five racquetball courts (one of which can be converted to squash and four for volleyball); four aerobics studios; one performance studio on RB court 5; 18,000 square feet of weight and cardio-fitness areas and iron cave; a game room; an aquatics center with both lap and leisure components; a multi-purpose court used for indoor soccer, floor hockey, indoor flag football and badminton; an indoor track; and a climbing and bouldering wall. University Recreation is also responsible for the scheduling of the Campus Green and the full operation of the Intramural and Club Sports Field on the north side of campus.

Patrons can also take advantage of the wellness services here at the Campus Recreation Center, which offer personal fitness assessments, massage therapy, UFit and F45 classes and personal training. In addition, we have a University Rec Pro Shop in house, so if you forget something we've got you covered and the PowerZone to keep you fueled before and after your workout. Lastly, we have a number of lockers available for rent in 12 month or 3 month contracts. Space is limited, so contact membership services at 205-996-5038 today if you are interested! If you prefer not to purchase a locker, we have several areas in the facility, including the locker rooms, with day use lockers available; just bring a lock, store your belongings while you workout with your own lock, and take it with you when you leave - Free of charge! The CRCT is located at 1501 University Boulevard next to the Campus Green.

**Aquatics** (http://www.uab.edu/students/campusrecreation/facility-information/aquatics-center-wet-classroom)

The Aquatic Center housed within the Campus Recreation Center provides a place for members to swim laps as well as meet their leisure aquatic needs by swimming laps, floating through the river or taking a dip in the hot tub. In addition, the aquatics program offers swim classes, private lessons, life-guarding certifications WSI (Water Safety Instructor) classes, and pool parties for special events. For questions about pool party requests and/or other pool activities, please visit our website www.uab.edu/students/universityrecreation/.

**Fitness & Wellness Services** (https://www.uab.edu/students/campusrecreation)

The Fitness and Wellness programs offered at the UAB Campus Recreation Center range from traditional Ufit classes and F45 classes to personal training packages to campus rec kitchen and wellness massage services. For more information on all of our fitness and wellness services or to schedule an appointment today, please contact fitness@uab.edu.

**Ufit & Instructional Group Fitness Classes**

Ufit classes are FREE to anyone with an active CRCT membership. Feel free to drop in any time or day of the week to participate in the wide variety of classes available! Instructional classes are offered throughout the year and provide anyone pre-registered with a more advanced learning experience. If you are interested in participating in any of the F45 classes please register at our Membership desk.

We offer a wide variety of fitness classes, designed to fit your scheduling needs. From seasoned cyclers to those wanting to try yoga for the first time, Ufit has a class that will get you moving! Please visit our website to view our current schedule.

**Rec On The Go**

Rec on the Go is a program designed to cater any recreation, health, and/or wellness topic to the UAB community. All programs are presented by a recreation professional and can be modified for your groups exact needs. Topics covered vary from fitness classes to chair massages and nutrition demonstrations. Departments have the opportunity to pick a topic to be presented at a staff meeting, lunch group, or any time of your choice!

**Complete Fitness Assessments**

Fitness Assessments provide individuals with their baseline measurements of flexibility, endurance, blood pressure, muscular strength, body composition, and cardiovascular fitness. The results of these tests are reviewed by a certified Personal Trainer and are used to help personalize a tailored workout plan specifically for you.

To schedule your Fitness Assessment please email Brianna Lee @ blee@uab.edu and complete the Health History Questionnaire (http://www.uab.edu/students/campusrecreation/images/documents/health_history.pdf) as well as the Fitness Assessment Form (http://www.uab.edu/students/campusrecreation/images/documents/FIT.ASSESSMENTFORM.FALL2014.pdf) prior to the appointment.

**Personal Training**

Do you want to get back into shape or simply looking to kick start a new workout? Personal Training is the service for you! Here at the UAB Campus Recreation Center we offer a variety of Personal Training packages for both members and students. Check out our www.uab.edu/students/universityrecreation/programs/fitwell/personal-training now for complete pricing, packing, and details.

**Massage Therapy Services**

Celebrate a little YOU time by scheduling yourself a massage today! Appointments are available for 30 or 60 minutes and are performed by certified massage therapists. Choose from a variety of massage packages in order to customize the perfect relaxation for you. Massage therapy appointments are based upon the therapists’ schedules and availability. Please allow at least 24 hours advanced notice of your appointment.
preferred appointment time in order for us to best schedule your appointment.

For more information or to schedule your next appointment, please email a completed Health History Form (https://www.uab.edu/graduate/images/acrobat/forms/SHW_nonclinicalinternational.pdf) and preferred days/times for your appointment to fitness@uab.edu today!

**Competitive Sports** (http://www.uab.edu/campusrecreation/programs/competitive-sports)

The Competitive Sports program offers activities such as Intramurals and Club Sports that involve individual and team competition.

**Intramurals**

All UAB students, staff, and faculty are eligible to participate in intramural sports. Faculty and Staff must adhere to the specific entrance policies if they are not campus recreation facility members. Individuals in any team league must have their campus card in possession to be eligible to participate.

Every team league is offered in men’s, women’s and co-rec format. Each league will have a 4 week regular season followed by a single elimination playoff. For more information please visit our www.uab.edu/students/universityrecreation/ or contact intramurals@uab.edu.

Want to sign up? (http://www.imleagues.com/School/Home.aspx?Schild=927a5b366e944220acad259198afe8f2)

**Club Sports**

A club sport is an organized group of individuals established to promote interest in a sport and develop skills of its members in that sport. A club sport may be organized for recreational, instructional, performance, or competitive purposes. For more information please visit our website: www.uab.edu/students/campusrecreation/programs/competitive-sports/club-sports or contact spettigr@uab.edu.

O (http://www.uab.edu/students/campusrecreation/programs/adventure-recreation) **Outdoor Pursuits**

Adventure Recreation offers outdoor trips and clinics throughout the year including: kayaking, backpacking, camping, climbing, canoeing and whitewater rafting. Also offered are belay certification and lead climbing programs. Trips and clinics, such as the Wilderness First Responder training, are open to university students, faculty/staff, alumni, and the community. Contact outdoors@uab.edu for more information on trips, clinics, and rentals.

**Climbing Wall & Bouldering Wall**

Located on the mezzanine level of the Campus Recreation Center, the 42’ tall by 36’ wide climbing wall offers 1,512 square feet of climbing. The wall’s climbing surface is constructed of reinforced polymer concrete panels and imprinted to match the look and feel of natural rock. We also have a 12 foot bouldering wall for everyone to enjoy. Open to university students, faculty/staff, and alumni. The community may use the wall by private group rental.

**Team Building**

Campus recreation offers many opportunities for team building initiatives, catering toward campus groups, corporate outings, school groups and more! Our enthusiastic and skilled facilitators will guide your group through fun activities focused on enhancing or developing vital workplace and life skills such as teamwork, cooperation, communication, and trust.

Our program can accommodate groups of any size. Initiatives work on developing or enhancing: communication, teamwork, trust, cooperation, team building, planning, and other common work place functions. Contact pjoyner@uab.edu.

**Rentals**

The Outdoor Pursuits Rental Center offers outdoor equipment for various events and is open to university students, faculty/staff, alumni, and the community. Whether backpacking, camping, or canoeing, the rental center has multiple rental time spans on the equipment you might need like sleeping bags, tents, backpacks, and cooking sets.

**Campus Dining**

Dining on-campus gives you the advantage of never having to worry about keeping cash on hand and never losing your parking space. At UAB we have thirteen (13) restaurants on-campus. Just swipe your ONE Card and dine! For more information about Campus Dining, please stop by the UAB Campus Dining office located on the top floor of the Commons on the Green next to the Den, or call (205) 996-6567. You can also visit us online at www.uab.edu/dining/

For a map of dining locations and updated hours of operation visit: www.uab.edu/students/dining/locations-hours.

**Meal Plans**

Your meal plan gives you the advantage of never having to worry about keeping cash on hand to eat on-campus. Just swipe your ONE Card and dine. For meal plan options and requirements visit www.uab.edu/students/dining/meal-plans.

**Dining Dollars**

Dining Dollars are funds that you receive from your campus dining fee. All full-time undergraduate students (those students taking twelve (12) or more credit hours on campus) will be assessed a $225 Campus Dining Fee during fall and spring semesters. This Dining Dollars fee is loaded onto a student’s OneCard and is used as a declining balance account accepted at all on campus dining locations. Dining Dollars are not part of a student’s meal plan.

**Libraries**

UAB Libraries hold more than two million volumes and provide access to thousands of relevant digital resources for information, instruction, and research in support of UAB’s vast academic and medical enterprise. The UAB Libraries system comprises Mervyn H. Sterne Library (http://www.mhsl.uab.edu) as well as Lister Hill Library of the Health Sciences (http://www.uab.edu/lister), which includes Lister Hill Library at University Hospital (http://www.uab.edu/lhluh) and UAB Historical Collections (http://www.uab.edu/historical)’ Reynolds-Finley Historical Library (http://www.uab.edu/reynolds), UAB Archives (http://www.uab.edu/archives), and the Alabama Museum of the Health Sciences (http://www.uab.edu/amhs). The faculty and staff of UAB Libraries provide the resources and essential expertise to support excellence in education, research, patient care, and community outreach. Priorities for UAB Libraries include increased access to resources, seamless cloud-based single search capability, campus-wide digital asset management, and increased support for distance and international students and researchers.
Mervyn H. Sterne Library (http://www.mhsl.uab.edu)

The Mervyn H. Sterne Library houses a collection of more than one million items and numerous electronic resources that support teaching and research in the arts and humanities, business, education, engineering, natural sciences and mathematics, and social and behavioral sciences. The library is located at 917 13th Street South and online at www.mhsl.uab.edu. (http://www.mhsl.uab.edu) The website is the gateway to all library services and collections including the Undergraduate Research Toolkit, subject- and course-specific Library Guides, and a list of FAQs. Services include research assistance, citation consultations, workshops and faculty-requested classes, assistance with locating materials, and interlibrary loan.

Named in memory of the late Birmingham philanthropist and civic leader Mervyn H. Sterne shortly after it opened in 1973, the library has seminar rooms, study rooms, lockable study carrels, computers, printers, scanners, copiers, and seating for 1,350 users. The first floor of the library was renovated in 2010 to make it even more user-friendly and houses the University Writing Center and a Starbucks. Due to student requests, Sterne Library has extended hours, opening 24 hours a day for five days a week except during holidays and summer terms. For more information on resources and services, visit the Sterne Library website at www.mhsl.uab.edu, call Reference Services at (205) 934-6364 or User Services at (205) 934-4338, or request help by email, text, or chat at h (http://www.mhsl.uab.edu/2009/contact)ere (http://library.uab.edu/help).

Lister Hill Library of the Health Sciences (http://www.uab.edu/lister)

The Lister Hill Library of the Health Sciences, the largest biomedical library in the state, provides services and resources for UAB students, research and teaching faculty, and clinicians in medicine, nursing, optometry, dentistry, public health, health professions, and joint health sciences. The library was established in 1945, and then dedicated in 1971 in honor of Senator Joseph Lister Hill, a champion for health care and library legislation.

Lister Hill Library, located at 1700 University Boulevard, provides collaborative and group study space on the first floor and quiet study space on the second floor. Lister Hill Library’s website at www.uab.edu/lister provides 24/7 access to databases, electronic journals, ebooks, LHL Guides, FAQs, and recorded classes and tutorials. Services include consultations for conducting searches, guidance for citing resources, assistance with locating materials, and interlibrary loan services. For more information on resources and services, visit the Lister Hill Library website at www.uab.edu/lister, call (205) 934-2230, or request help by email, text, or chat at www.uab.edu/lister/ask.

The Lister Hill Library at University Hospital, located in the West Pavilion, provides onsite support for education, research, and patient care. Access the resources and services for clinicians through the LHL@UH website at www.uab.edu/lhluh or call (205) 934-2275 for more information.

The UAB Historical Collections, located on the third floor of Lister Hill Library, includes the Reynolds-Finley Historical Library (http://www.uab.edu/reynolds), UAB Archives (http://www.uab.edu/archives), and the Alabama Museum of the Health Sciences (http://www.uab.edu/amhs). The Reynolds-Finley Historical Library contains rare books, pamphlets, and manuscripts in the history of medicine, science, and health-related fields. This collection dates from the mid-14th century to the early 20th century and includes a core of world-renowned medical classics with important concentrations on medicine in the Civil War, the South, and early Americana. UAB Archives is the official repository for the permanent records of the University and for archival collections held by UAB. One collecting area for manuscripts is the history of the health sciences, but the repository preserves collections with a wide variety of topics. The Alabama Museum of the Health Sciences preserves over seven hundred years of medical history with instruments, specimens, equipment, and pharmacology used by health care professionals throughout the world, with a special emphasis on material used on and around the University of Alabama at Birmingham campuses. Please call (205) 934-4475 for more information on the Reynolds-Finley Historical Library (http://www.uab.edu/reynolds) or the Alabama Museum of the Health Sciences (http://www.uab.edu/amhs). Call (205) 934-1896 for more information on UAB Archives (http://www.uab.edu/archives).

Smolian International House

The Bertha and Joseph Smolian International House, 1600 10th Avenue South, offers services and activities for international students and scholars. Known as the I-House, it provides a focal point for programs and activities designed to foster a free exchange of information and international understanding. The facility includes meeting space for campus groups, as well as community groups having an international purpose. For additional information or a schedule of activities, call (205) 934-3328.

http://www.uab.edu/global/international-students-and-scholars

The UAB Bookstore

The UAB Bookstore is located at 1400 University Boulevard inside the new Hill Student Center. The bookstore posts official lists of UAB courses and stocks the textbooks and all other items necessary for successful UAB coursework. Most textbooks can be purchased new or used. The option to rent textbooks is also available for most courses. The bookstore carries study aids, reference materials, school and office supplies; medical instruments, lab coats, and scrubs; and the largest assortment of UAB logo apparel and gifts available. Contact the UAB Bookstore at (205) 996-2665 or visit the store online at www.shopuab.com (http://www.shopuab.com)

University Writing Center

Located on the first floor of Mervyn Sterne Library, the University Writing Center (http://www.uab.edu/writingcenter) (UWC) is UAB students’ go-to place for writing assistance, whether the task at hand is a Freshman Composition paper, a lab report, or a graduate school application essay. In a friendly and professional one-on-one setting, UWC tutors teach students to use writing to discover, apply, and communicate knowledge in all disciplines. Students commonly visit to get help with understanding a writing assignment; brainstorming ideas; developing outlines and claims; understanding and applying instructor feedback; and revising and editing complete drafts. While UWC tutors do not edit for students, they can help students identify their common errors and develop stronger editing processes.

In addition to one-on-one sessions in the Sterne Library location, the UWC offers online consultations for students enrolled in online courses; Ask-a-Tutor, an email service for short writing questions; and regular workshops on topics of common interest. To make an appointment, visit the UWC’s website (http://www.uab.edu/writingcenter) and log onto the online scheduling system with your Blazer ID and password. Like the UWC’s Facebook (http://www.facebook.com/UABWritingCenter) page
and follow the UWC’s Twitter (http://www.twitter.com/UABWritingCntr) page to stay in touch and find out about upcoming workshops.

One Stop

What if you could get answers to your questions about your student account, financial aid and registration all in one place? Stop running from office to office and make the One Stop (https://www.uab.edu/students/one-stop) your first and possibly your only stop! If we can’t help you on the spot, we’ll do the leg-work for you or connect you to the appropriate resource.

Contact us by email, phone, or in person.
One Stop Student Services (https://www.uab.edu/students/one-stop), Room 103 of the Hill Student Center, 1400 University Blvd
onestop@uab.edu
(205) 934-4300
855-UAB-1STP (822-1787)
8:00 am - 5:00 pm, Monday - Thursday
9:00 am - 5:00 pm, Friday

Information Center

Information regarding programs, services, and activities at UAB is available at the UAB Information Center. Referrals to the appropriate department, office, or person may be made for more specific information. The Information Center is located just inside the 14th Street entrance of the Hill Student Center, 1400 University Blvd.

For additional information, call (205) 934-8000, or see the Web page at https://www.uab.edu/studentsaffairs/studentcenter/

UAB Career Center

The UAB Career Center (https://www.uab.edu/students/cpd), in the Division of Student Services, assists undergraduate and graduate students in selecting appropriate fields of study, furthering their education, learning effective job searching strategies, and making connections with employers.

Career Consultants (https://www.uab.edu/students/cpd/student) and Peer Career Advisors (https://www.uab.edu/students/cpd/student/peer-advisors) are available to meet one-on-one with students to explore career or educational options, revise résumés and cover letters, hone interviewing techniques, conduct searches for internships and full-time jobs, and ready themselves for interviews with employers. In addition, students may utilize HireABlazer (https://padlock.idm.uab.edu/cas/login?service=https%3A%2F%2Fconnect.purplebriefcase.com%2FSSO%2Fcas.php%2F3282780), the UAB Career Center’s online recruiting system, to view part-time jobs, internships, and full-time job postings and to sign up for on-campus interviews.

The mission of the UAB Career Center to engage and empower members of the UAB community through meaningful career and experiential learning opportunities, to revolutionize the future of work. Nearly 7,000 employers use the UAB Career Center to connect with students through job postings, on-campus interviews, information sessions, and career events via our online recruiting system HireABlazer. The UAB Career Center hosts a number of events throughout the year to further connect students and employers, including career fairs, employer meet-ups, and on-campus interviews.

Other information can be obtained from the UAB Career Center’s website at https://www.uab.edu/students/cpd/ or by calling 205.934.4324.

Disability Support Services

Disability Support Services (DSS), located in the Hill Student Center, serves as the central campus resource for students with disabilities. The goal of DSS is to provide a physically and educationally accessible university environment that ensures an individual is viewed on the basis of ability, not disability. DSS staff members work individually with students to determine appropriate accommodations. To be eligible for services, students need to complete an application, submit documentation of their disability and meet with our counseling staff.

For more information, contact Disability Support Services at (205) 934-4205 (voice) or 934-4248 (TTY) or http://www.uab.edu/students/disability/ E-mail contacts are welcome at dss@uab.edu.

Physical Address
Hill Student Center
1400 University Boulevard

Mailing Address
UAB One Stop
1400 University Blvd., Hill 103
Birmingham, AL 35294

Director: Ashley Neyer
Advisor: Felicia Baltzell

Contact: www.uab.edu/educationabroad | 205-975-6611

Mission
The mission of the UAB Office of Education Abroad (UABEA) is to administer, establish, and send UAB students on high-quality education abroad opportunities to prepare them for success in the globalized world.

Description
Pursuant to our mission, UABEA engages in the activities described below.

Study Abroad: Take courses for which academic credit is received and transferred to UAB on our supported study abroad programs. This includes academic credit for student exchanges, UAB affiliate programs, and faculty-led programs that feature traditional classes, research, service learning, internships, volunteerism, shadowing, clinical rotation, and observations. Our office can help students with aspects from selecting a program to facilitating their transition back to UAB.

Student Organizations Abroad: Travel abroad as part of a UAB student organization; including Outreach Abroad, Outdoor Pursuits, artistic performances, athletic activities, or other student organization travel. Our office can help students register travel with the university, obtain the necessary education abroad insurance, and prepare for the trip.

Student Conference Travel Abroad: Present at or attend a conference that takes place abroad as a UAB representative. Our office can help students register travel with the university, obtain the necessary education abroad insurance, and prepare for the trip.

Passport Services: Apply for a passport conveniently on campus. As an official U.S. Department of State Passport Acceptance Facility, we are happy to accept passport applications for students, employees, and members of the community. Our passport service is open to the public.
Destinations
With programs in over 50 different countries, there's something for everyone. Programs are available in the United Kingdom, Italy, Spain, France, China, Germany, Costa Rica, Australia, Ireland, Japan, and many more countries. Over 40 UABEA programs cost approximately the same as UAB tuition + room + board.

Dates
Programs are available for fall semester, spring semester, academic year, calendar year, summer, Thanksgiving Break, and Spring Break.

Languages
Programs are available in English, as well as all of the foreign languages taught at UAB (and a few that aren't).

Eligibility
To be eligible to apply for our programs, one must:
1. be an enrolled UAB student;
2. be 19 years of age or older (or have parental permission); and
3. be in good academic, disciplinary, and financial standing with UAB.

Some programs have additional eligibility requirements, such as GPA minima, listed on the individual program webpages.

Students may petition to the Director of Education Abroad for a possible exception to the eligibility criteria.

Subjects of Study
Students may take core curriculum courses while abroad, as well as courses for their major and minors. Elective credits are also available.

Course Articulation
Students need to consult with UABEA before studying abroad to initiate course articulation, the process by which UAB course equivalency is determined for each course to be taken while studying abroad. Course articulation involves the student, UABEA, the host study abroad university, and UAB department chairs and advisors all working together and commonly takes approximately one month to complete.

It is highly recommended that the students contact UABEA to begin the course articulation process at least one month before the application deadline for the selected program. Students who don't begin the articulation process early enough prior to studying abroad, may not know how, or if, their courses abroad will count toward completion of a UAB degree.

Grade Posting
All grades earned while abroad will be posted to the student's UAB transcript and included in GPA calculations. Letter grades are used rather than pass/fail marks. In all cases, students must participate fully in all course activities and meet all stated course requirements. Auditing of any course abroad is not permitted. The process of grade posting varies depending on the program type:

UAB Exchanges are programs for which UABEA has established an exchange agreement with a university abroad. Students earn direct UAB course credit. Students on exchanges are usually mainstreamed into regular classes with the student body at their university abroad. Courses taken on student exchanges will begin with IN ("International" indicating that the course took place at an international UAB exchange location) and a two-letter subject code such as ME (Mechanical Engineering), GN (German), SP (Spanish), etc. to indicate the subject that was studied. Additionally, each of the courses are numbered. All courses are variable in the number of credit hours students can receive based upon their enrollment at the host university. INxx courses are repeatable. INxx courses include:

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<th>Subject</th>
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internationalize our campus and our city. We are located in the beautiful
by bringing the best and brightest international talent to Birmingham to
supports the university's four pillars of education; research, innovation
cultural perspectives, and ease of adjustment to life in the US. Our work
leading to enriched educational and research opportunities, broadened
advocating for the unique needs of international students and scholars,
its international community, preserving the integrity of our programs while
provide cutting-edge immigration advising and programming to UAB and
UAB Faculty-Led Programs are UAB courses that are developed and
and taught by UAB faculty and have a travel component, usually outside of
the United States. The programs are typically about 1 to 2 weeks in
duration and the entire class, faculty leader and students, travel together.
Students earn direct UAB course credit. For UAB Faculty-Led Programs,
the instructor will assign the final grade as is normally done for any UAB
class taught on campus. (See the Grading Policies and Practices (http://catalog.uab.edu/undergraduate/progressstowarddegree/#graderextxt)
section of the UAB Catalog of Undergraduate Programs). UAB Faculty-
Led Programs are designated with SA following the course title.

UAB Internship/Practicum Courses Abroad are UAB courses through
which students do an internship or practicum, actually working abroad
in a company or organization related to the student's area of study, and
earn direct UAB course credit. For UAB Internship/Practicum Courses
Abroad the instructor will assign the final grade as is normally done for
any UAB internship/practicum course taken domestically.

Changes of Grades
Requests for grade changes to UABEA must be accompanied by official
documentation sent directly from the host university.

International Student and Scholar Services
ISSS provides immigration compliance expertise and cultural exchange
events for approximately 1,600 international students, scholars, clinical
faculty, researchers, IT professionals, staff, and visitors. Our vision is to
provide cutting-edge immigration advising and programming to UAB and
its international community, preserving the integrity of our programs while
advocating for the unique needs of international students and scholars,
leading to enriched educational and research opportunities, broadened
cultural perspectives, and ease of adjustment to life in the US. Our work
supports the university's four pillars of education; research, innovation &
economic development; community engagement; and patient care
by bringing the best and brightest international talent to Birmingham to
internationalize our campus and our city. We are located in the beautiful

For additional information, visit https://www.uab.edu/global/international-
students-and-scholars.

ONE Card
The UAB ONE Card serves as the official student ID and offers access
to a variety of services and resources on and around campus. Students
use their ONE Card to enter residence halls and the Campus Recreation
Center, attend UAB athletic and cultural events and check out materials
from UAB libraries. With their ONE Card, students can enjoy discounts
on tickets to a wide variety of on and off-campus events through the UAB
Ticket Office. The ONE Card also functions as a debit card, allowing
students a convenient and secure way to pay for goods and services at a
variety of on campus and local area merchant locations.

General information about the UAB ONE Card, including a list of carding
locations, is available at www.uab.edu/onecard.

Questions about ONE Card services can be directed to
onestop@uab.edu or (205) 934-4300.

Note: A photo ID is required to have your initial ONE Card made.

Parking
All students who desire to park in UAB student parking facilities must
purchase a permit from Parking and Transportation Services. Permits
can be purchased by the term or for the full academic year. Fees vary
according to lot. Contact Parking and Transportation Services at (205)
934-3513, for details, or visit online at www.uab.edu/parking/.

Both the university and the City of Birmingham issue citations in student
lots to vehicles illegally parked or not displaying a proper permit. Students
are responsible for paying all fines and fees imposed. Any delinquent
ticket payments may be added to the student's account in the Student
Accounting Office. If a student accumulates three or more delinquent
tickets and/or accumulates more than $45.00 in citations, the student's
vehicle may be immobilized or impounded at his or her expense.

Handicapped spaces are conveniently located throughout campus. A
valid handicap permit must be displayed to park in a handicapped space
in addition to the applicable parking permit. All state issued handicap
cramping permits MUST be registered with the UAB Parking Office in order
to avoid a citation and park in a restricted UAB lot or deck.

For additional information and a campus parking map, contact:

UAB Parking and Transportation Services
608 Eighth Street South • Telephone (205) 934-3513 • E-mail:
ubaparking@uab.edu • Website: www.uab.edu/parking/

Blazer Express
The UAB Blazer Express Transit System is a service that provides
transportation throughout the University campus. With a valid UAB ID
badge, students, employees, and authorized visitors can enjoy fare-free
bus transportation along 6 designated routes. Buses are ADA-accessible
and can seat up to 35 riders. Bus service is provided Monday – Friday
from 5:30A – 12:00A. Safety escort service is available through Blazer
Motorist Assistance Roadside Service (MARS)

Motorist Assistance Roadside Service (MARS) is a free service available to all visitors, students, and employees parking on campus who need help with a dead battery, flat tire, keys locked in a car, or empty gas tank. The service is available weekdays 7:30 AM - 10:00 PM, except University holidays. For assistance, call (205) 975-6277.

Student Health & Wellness Center

The Student Health & Wellness Center (SHWC) provides a comprehensive and integrated program of services to meet the medical, counseling and wellness needs of UAB’s undergraduate, graduate and professional students. Creating a healthy campus and promoting student wellness are essential to supporting student learning and success. The SHWC is staffed by a group of committed medical providers, counselors, nurses, clinicians, wellness promotion professionals, and support staff who embrace the opportunity to meet your wellness, medical and counseling needs. Those services and resources are available in the state-of-the-art Student Health & Wellness Center located at 1714 9th Ave. South (LRC building), Birmingham, AL 35294-1270. Blazer Express has convenient drop-off and pick-up locations near the Student Health & Wellness Center. Patient and client parking is available at the South entrance to the building.

Health Services

Student Health Services offer comprehensive primary care services including acute and chronic care, women’s health, a Registered Dietitian, mental health evaluation and treatment, immunizations, allergy immunotherapy, and treatment of minor emergencies. A Sports Medicine and Sexual Health Clinic are also available, as well as Certified Athletic Trainers located in the UAB Recreational Center. On-site lab and x-ray services are available. After-hour’s consultation is provided through provider on call coverage, 24 hours a day/7 days a week/365 days a year. To ensure convenience and access, Student Health Services operates under an open-access appointment scheduling system. Go to www.uab.edu/students/health for more information or to schedule an appointment through our patient portal (https://studentwellness.uab.edu/login_directory.aspx). You may also call (205) 934-3580 to schedule an appointment or for general information. All currently enrolled UAB undergraduate and graduate students are eligible for services at a low to no out-of-pocket cost under the student benefit. Many carriers have agreed to waive copays for these services. A more complete listing of low to no out-of-pocket cost services and those services available, but at additional cost, can be accessed at http://www.uab.edu/students/health_HEALTH-SERVICES.

Counseling Services

Counseling Services assists in developing students’ potential in physical, academic, spiritual, psychosocial, emotional, and vocational areas. Common presenting concerns include depression, anxiety, grief, relationship concerns, stress management, eating disorders, alcohol or substance abuse concerns, identity, conflict, gender transition and trauma. In addition to individual and couples counseling, services include wellness programs, group opportunities, and educational resources. Confidential counseling services are available to all currently enrolled UAB students at no cost. For more information or to schedule an appointment call (205) 934-5816 or visit http://www.uab.edu/students/counseling/.

Wellness Promotion

Wellness Promotion aims to provide students with programs, education, and resources toward personal wellness. Currently focusing on Interpersonal Violence Prevention and a Collegiate Recovery Community, Wellness Promotion is committed to equipping students with the information and resources needed to achieve healthy and balanced lives. Our Interpersonal Violence Prevention services include large scale events such as Take Back the Night, workshops, trainings, and internship and volunteer opportunities. Our Collegiate Recovery Community welcomes students and participants committed to long-term recovery, health, and wellness. Collegiate Recovery Community services include health and wellness events, sober social options, community involvement, and academic support. Wellness Promotion has also launched a peer education program, the Promoters of Wellness, which is a group of students who are nationally Certified Peer Educators that provide peer education through outreach and coaching services. A complete list of programs, services, and information to schedule a peer coaching session can be found at www.uab.edu/students/wellness or www.uab.edu/pow.

Student Insurance Coverage (Mandatory and Optional)

All full-time students enrolled in a degree seeking program have a mandatory requirement to have major medical health insurance to ensure coverage for hospital, emergency room, specialty physician care and diagnostic testing. For more information on the mandatory insurance coverage requirement go to the SHWC website https://www.uab.edu/students/health/insurance-waivers.

Information regarding the Student Health Insurance Plan for full-time registered undergraduate students taking a minimum of 6 credit hours and full-time graduate students taking a minimum of 9 credit hours can be found at https://www.uab.edu/students/health/insurance-waivers/insurance-requirement-overview. All students enrolled in a clinical program that has a mandatory health insurance requirement will continue to have the same requirement regardless of the number of credit hour of enrollment.

To learn more about services available through the Student Health and Wellness Center, please visit any of the following websites.

Student Health Services http://www.uab.edu/students/health/
Student Counseling Services http://www.uab.edu/students/counseling/
Wellness Promotion http://www.uab.edu/students/wellness/

You can also contact us at one of the following phone numbers for assistance.

Call Health Services at (205) 934-3580 or schedule/cancel an appointment through the patient portal (https://studentwellness.uab.edu/login_directory.aspx).

Call Counseling Services at (205) 934-5816 for questions or to schedule an appointment. Appointments can be canceled through the patient portal (https://studentwellness.uab.edu/login_directory.aspx). Appointments cannot be scheduled through the patient portal.
Call Wellness Promotion at (205) 996-0834 for appointments. Office hours vary for this department.

**Office Hours**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tr>
<td>Monday - Friday</td>
<td>8:00 a.m.- 5:00 p.m.</td>
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**UAB Testing Office**

The UAB Testing Office provides testing services for UAB students, prospective students, and the community at large. The following tests and/or services are available:

- Admissions examinations for undergraduate and graduate programs
- American College Testing Program (ACT)
- Scholastic Aptitude Test (SAT)
- Miller Analogies Test (MAT) (acceptable to some graduate programs)
- College Level Examination Program (CLEP)—General and Subject Examinations
- Correspondence examination monitoring
- Professional licensing/certification/registration examinations

For further information on any of the above, contact the UAB Testing Office, 936 Building, 936 19th Street South, Telephone (205) 934-3704.

**UAB Ticket Office**

The UAB Ticket Office is an excellent source for discounted tickets to local and regional attractions along with on-campus events. Discounted tickets are available for AMC and Regal Cinemas, and to most major theme parks across the southeast, including Six Flags over Georgia, Alabama Splash Adventure and Dollywood. Discounts to the major aquariums in the area are also available including: Georgia Aquarium and Ripley’s Aquarium of the Smokies. First-class postage stamps are also available for purchase (UAB internal requisitions are accepted).

For additional information, contact the UAB Ticket Office, located inside One Stop Student Services in Room 103 of the Hill Student Center, 1400 University Blvd., Birmingham, AL 35294-1150 Telephone: (205) 934-8001.

Visit our website https://www.uab.edu/students/one-stop/ticket-office

**Veterans Services**

UAB Veterans Services (UAB-VS) assists veterans, reservists, guardsmen, and dependents of disabled or deceased veterans to access their educational benefits. UAB-VS serves as a liaison between the student and the local and federal agencies, including the State Department of Education, Department of Defense, and the Department of Veterans Affairs. The office staff assist students in applying for educational benefits, securing tutorial assistance and obtaining veterans work-study positions. For further information, contact UAB Veterans Services, Hill Student Center, Room 313, 1400 University Blvd., Telephone (205) 996-0404 or read about our programs and services at www.uab.edu/students/veterans

**VA Complaint Policy**

Any VA Complaint against the school should be routed through the VA GI Bill Feedback System by going to the following link: http://www.benefits.va.gov/GIBILL/Feedback.asp. The VA will then follow up through the appropriate channels to investigate the complaint and resolve it satisfactorily.

**Choice Act**

The University of Alabama at Birmingham in the State of Alabama complies with section 702 - Tuition under Veteran's Access Choice and Accountability Act of 2015, providing for resident (in-state) tuition and fees for the following:

- A Veteran using educational assistance under either chapter 30 (Montgomery G.I. Bill – Active Duty Program) or chapter 33 (Post 9/11 G.I. Bill), of title 38, United States Code, who lives in the State of Alabama while attending a school located in the State of Alabama (regardless of his/her formal State of residence) and enrolls in the school within three years of discharge from a period of active duty service;

- Anyone using transferred Post – 9/11 G.I. Bill benefits (38 U.S.C. § 3319) who lives in the State of Alabama while attending a school located in the State of Alabama (regardless of his/her formal State of residence) and enrolls in the school within three years of the transferor’s discharge from a period of active duty service;

- A spouse or child using benefits under the Marine Gunnery Sergeant John David Fry Scholarship (38 U.S.C. § 3311 (b) (9) who lives in the State of Alabama while attending a school located in the State of Alabama (regardless of his/her formal State of residence) and enrolls in the school within three years of the Service member’s death in the line of duty following a period of active duty service.

- Anyone described above while he or she remains continuously enrolled (other than during regularly scheduled breaks between courses, semesters, or terms) at the same school. The person so described must have enrolled in the school prior to the expiration of the three-year period following discharge or death described above and must be using educational benefits under either chapter 30 or chapter 33, of title 38, United States code.

**Veteran Student Resident Tuition Rates**

The University of Alabama at Birmingham complies with veteran student regulations regarding tuition rates. The following individuals shall be charged a rate of tuition not to exceed the in-state rate for tuition and fees purposes:

- A Veteran using educational assistance under either chapter 30 (Montgomery G.I. Bill – Active Duty Program) or chapter 33 (Post 9/11 G.I. Bill), of title 38, United States Code, who lives in Alabama while attending a school located in Alabama (regardless of his/her formal State of residence) and enrolls in the school within three years of discharge or release from a period of active duty service of 90 days or more.

- Anyone using transferred Post-9/11 GI Bill benefits (38 U.S.C. § 3319) who lives in Alabama while attending a school located in Alabama (regardless of his/her formal State of residence) and enrolls in the school within three years of the transferor’s discharge or release from a period of active duty service of 90 days or more.

- Anyone described above while he or she remains continuously enrolled (other than during regularly scheduled breaks between courses, semesters, or terms) at the same school. The person so described must have enrolled in the school prior to the expiration of the three year period following discharge or release as described above and must be using educational benefits under either chapter 30 or chapter 33, of title 38, United States Code.
• Anyone using benefits under the Marine Gunnery Sergeant John David Fry Scholarship (38 U.S.C. § 3311(b)(9)) who lives in Alabama while attending a school located in Alabama (regardless of his/her formal State of residence).

• Anyone using transferred Post-9/11 G.I. Bill benefits (38 U.S.C. § 3319) who lives in Alabama while attending a school located in Alabama (regardless of his/her formal state of residence) and the transferor is a member of the uniformed service who is serving on active duty.

• Anyone using educational assistance under chapter 31, Vocational Rehabilitation/Employment (VR&E), also be charged the resident rate. Effective for courses and terms beginning after March 1, 2019, a public institution of higher learning must charge the resident rate to chapter 31 participants, as well as the other categories of individuals described above. When an institution charges these individuals more than the rate for resident students, VA is required to disapprove programs of education sponsored by VA.

• The policy shall be read to be amended as necessary to be compliant with the requirements of 38 U.S.C. 3679(c) as amended.