

Kinesiology Bioenergetics Concentration

Area V Transfer Student Pre-Professional & Elective Courses (19-23 semester hours)

Hours approved by the STARS approved Area V guide for Kinesiology:
19 Semester Hours

Alabama Community College System Courses/ UAB Course Equivalents / Semester Hours

- **BIO 201** Human Anatomy & Physiology & **BIO 202** Human Anatomy & Physiology II /BY 115 Human Anatomy & BY 116 Human Physiology / 8*
- **BIO 220** General Microbiology /BY 261 Introduction to Microbiology and BY 261L Introduction to Microbiology Lab/ 4
- **CHM 105 Introductory** to Organic Chemistry /CH 107 Introductory Chemistry II and CH 108 Introductory Chemistry II Lab / 4
- **HED 221** Personal Health /CHHS 141 Personal Health / 3
OR
- **HED 224** Personal Health / CHHS 141 Personal Health / 3

Remaining semester hours should be taken from:

- **HED 230** Safety & First Aid /CHHS 140 First Aid / 3 **OR**
- **HED 231** First Aid /CHHS 140 First Aid / 3
- **PED 200** Foundations of Physical Education /KIN 136 Intro to Physical Education / 3
- **HEC 140** Principles of Nutrition /NTR 222 Nutrition and Health / 3
- **MTH 265** Elementary Statistics /MA 180 Intro to Statistics / 3
- **PED 103** Weight Training /KIN 115 Weight Training / 1
- **PED 140** Beginning Swimming /KIN 101 Beginning Swimming / 1 **OR**
- **PED 141** Swimming /KIN 102 Intermediate Swimming / 1
OR
- **PED 148** Lifeguard Training /KIN 103 Lifeguard Training / 1

****Students must complete a two-course Anatomy and Physiology sequence (BIO 201 and 202) for this major. Because there is no UAB equivalent to BIO 201 and 202 individually, students transferring from Alabama community colleges should take both BIO 201 and 202 at their community college or wait to begin this sequence at UAB. Students must earn a grade of "C" or higher in all math, science, and major courses.***

UAB Contact:

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Please print this document and attach it to the Kinesiology & Exercise Science Articulation Guide. Together, this document and the articulation guide comprise the articulation agreement for a major in Kinesiology with a Concentration in Bioenergetics at the University of Alabama at Birmingham.

Name: _____ Date: _____