University Academic Success Center (UASC)

The University Academic Success Center (UASC) promotes and fosters student success, enhances academic performance, and inspires students to achieve their academic, professional, and personal goals. Our resources are intentionally designed to facilitate experiences that encourage student persistence and prepare students for life after graduation.

Academic Services

Exploratory Advising

Academic advising at UAB supports the teaching and learning mission of the University by guiding students through their academic journey and helping students understand the value of achieving their goals in and out of the classroom. The Exploratory Advising initiative was designed specifically for those students who have not declared a major and want to think more critically about UAB's degree-granting programs. Our team of Academic Advisors are professionally trained to assist you as you prepare to declare your major and define your career interests. We feel strongly that Academic advising captures the essence of a student's potential by focusing on the development of a mutually beneficial academic and graduation plan of action. To make an appointment with your Academic Advisor, please visit us here. ([https://www.uab.edu/students/academics/student-success/who-is-my-advisor](https://www.uab.edu/students/academics/student-success/who-is-my-advisor))

Supplemental Instruction

Supplemental Instruction (SI) is an academic support model that utilizes peer-assisted study sessions to improve student retention and success within targeted, historically difficult courses. The weekly review sessions are facilitated by "SI Leaders", students who have previously done well in the course (received an A or B) and who attend all class lectures, take notes, and act as model students. The program encourages collaborative learning and shows students how to integrate course content and study skills. SI is a free and voluntary service that provides a non-remedial approach to learning since it targets high-risk courses rather than high-risk students.

Supplemental Instruction is proven to work and improves student outcomes by half to a whole letter grade in comparison studies of the GPAs of SI attendees versus non-SI attendees. This model is widely applicable across disciplines. More information on SI can be found here. ([https://www.uab.edu/students/academics/student-success/supplemental-instruction](https://www.uab.edu/students/academics/student-success/supplemental-instruction))

Academic Coaching

Academic Coaching is facilitated by a UASC Academic Coach and takes place in a one on one session with a student. Sessions are conducted in an effort to identify and assess any external factors that may be impairing a student's overall success at UAB. Students will attend 3-5 sessions (more if applicable) throughout the semester to create and track implementation of an academic success plan based on their individual needs. The goal of academic coaching is to provide the student with the skills and resources necessary in all areas directly correlated to academic and overall student success. Appointments can be made online here. ([https://mytutor.uab.edu:4443](https://mytutor.uab.edu:4443))

Tutoring

The University Academic Success Center provides free course-specific tutoring services to UAB undergraduate students. Tutoring is offered in both one-on-one and group sessions. Our tutoring sessions are tailored to address undergraduate students' questions and needs as we aim to foster independent learning. Appointments can be made online here. ([https://mytutor.uab.edu:4443](https://mytutor.uab.edu:4443))

Academic Success Workshops

Academic success workshops are designed to provide students with an interactive experience that will enhance their academic learning. Workshops are organized by topic and designed to meet the demands of college-level academics. Common topics presented are related to Study Skills, Learning Styles and Strategies, Time Management, etc. All workshops are facilitated by faculty or staff at UAB and are offered throughout the semester. The schedule of events may be viewed here. ([http://www.uab.edu/students/academics/student-success/workshops](http://www.uab.edu/students/academics/student-success/workshops))

For more information or to make an appointment, please stop by the University Academic Success Center ([http://www.uab.edu/success](http://www.uab.edu/success)) on the second floor of the Education building, 901 13th Street South, or please call 934-8184.

Courses

UASC 101. Exploring UAB. 1 Hour.

The purpose of this course is to assist students in their transition to UAB by providing essential navigational tools and resources to encourage student engagement and a strong persistence towards graduation. These strategies include intentional major, degree, and career outlook planning; using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; and encouraging campus involvement.

UASC 105. Keys to Academic Success. 2 Hours.

The purpose of this course is to assist students in applying strategies for college success. These strategies include using technology and library resources for processing and retrieving information; planning and using time more efficiently; developing academic skills in reading, note taking, studying, and test taking; enhancing critical thinking and problem solving; developing networking and communication skills; encouraging campus involvement; and incorporating wellness habits.

UASC 150. Career Planning and Management. 3 Hours.

Understanding aptitudes, abilities, and interests as related to career alternatives. Group and individual experiences aid self-direction in planning and career management. Values, preferences, skills, and personal resources matched with educational and employment opportunities using a variety of experiences and resources.


The purpose of this course is to provide students with both an introduction and understanding of the necessary requirements and skills needed in preparation for medical school. In addition, students will explore the foundations of medicine and health and actively participate in service related activities to understand the reciprocal relationship between theory and practice. Furthermore, students will use said information to formulate group presentations for future research, advocacy, or continued service.