Kinesiology Exercise Science Concentration

Area V Transfer Student Pre-Professional & Elective Courses (19-23 semester hours)

Hours approved by the Alabama Transfers approved Area V guide for Kinesiology: 17 Semester Hours

Alabama Community College System Courses/ UAB Course Equivalents / Semester Hours

- **BIO 201** Human Anatomy & Physiology & **BIO 202** Human Anatomy & Physiology II /BY 115 Human Anatomy & BY 116 Human Physiology /8*
- **PED 200** Foundations of Physical Education /KIN 136 Intro to Physical Education / 3
- **HED 230** Safety & First Aid /CHHS 140 First Aid / 3 **OR**
- **HED 231** First Aid /CHHS 140 First Aid / 3
- **HED 221** Personal Health /CHHS 141 Personal Health / 3 **OR**
- **HED 224** Personal /Community Health /CHHS 141 Personal Health / 3

Remaining semester hours should be taken from:

- **MTH 265** Elementary Statistics /MA 180 Intro to Statistics / 3
- **PED 103** Weight Training /KIN 115Weight Training / 1
- **PED 106** Aerobics /KIN 131 Aerobics / 1 **OR**
- **PED 107** Aerobics Dance /KIN 131 Aerobics / 1 **OR**
- **PED 108** Aerobics Dance /KIN 131Aerobics / 1
- **PED 140** Beginning Swimming /KIN 101 Beginning Swimming / 1 **OR**
- **PED 141** Swimming /KIN 102 Intermediate Swimming / 1 **OR**
- **PED 148** Lifeguard Training /KIN 103 Lifeguard Training / 1

Students must complete a two-course Anatomy and Physiology sequence (BIO 201 and 202) for this major. Because there is no UAB equivalent to BIO 201 and 202 individually, students transferring from Alabama community colleges should take both BIO 201 and 202 at their community college or wait to begin this sequence at UAB. Students must earn a grade of "C" or higher in all math, science, and major courses.

UAB Contact:

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Please print this document and attach it to the Kinesiology & Exercise Science Articulation Guide. Together, this document and the articulation guide comprise the articulation agreement for a major in Kinesiology with a Concentration in Exercise Science at the University of Alabama at Birmingham.

Name: _____ Date: _____